



**W. B TRAVIS HIGH SCHOOL
ATHLETIC TRAINING SERVICES**

Office(512)414-7740 Fax (512)841-8178

TRAINING ROOM AND INJURY POLICIES

1. Injuries

- a. Must be reported to the trainer on the day that they occur. The quicker the athlete receives treatment for an injury, the quicker he/she can get back to 100% health
- b. Injured players unable to practice are still expected to be in attendance at practice and mentally preparing for the upcoming game. Treatment will be assigned by the trainer and will not be provided during practice time unless approved by the head coach.
- c. Athletes should not see a physician regarding an athletic related injury without consulting the athletic trainer first, either via telephone or in person. This does not apply in the case of an emergency.
- d. Athletes are not to get out of class to come to the Training Room.
- e. Athletes are not to go to the school nurse for a sports related injury, only if they are feeling sick.
- f. Parent notes will not be accepted as a reason to miss practice. If an athlete is too ill or injured to practice then he/she must report to the Athletic Trainer or bring a written note from the doctor specifying the illness/injury and the number of days the athlete is to miss.

2. Training Room

Being in the training room is not an acceptable excuse for being late to practices or meetings, unless previous arrangements with the coach have been made. Try to get taped before you do anything else, then get dressed. If there is a long wait in the training room, get dressed as much as possible and then go to the training room.

3. Treatment Times

Before School 7:30 AM – 8:45 AM

A & B Lunches

No treatment during Athletic Periods except under special circumstances or designated by the Head Coach and Trainer

4. Student Trainers

- a. Student trainers and managers work for free. They are here to learn athletic training and to be a part of the athletic program. They are not the players' servants.
- b. If you treat the student trainers with respect, then you will be treated with respect in return. (Disrespectful treatment of these people will not be tolerated).

Jim Price LAT – Athletic Trainer

Office (512) 414-7740

Cell (512) 633-1085

Email JLPrice@Austinisd.org